

- a) a chondroprotective agent selected from gelatin, cartilage, aminosugars, glycosaminoglycans, methylsulfonylmethane, precursors of methylsulfonylmethane, S-adenosylmethionine, and mixtures thereof;
- b) a sweetening agent other than glucose, dextrose, sucrose, and fructose; and
- c) at least about 10% water, by weight of the composition.

a) a chondroprotective agent selected from gelatin, cartilage, aminosugars, glycosaminoglycans, methylsulfonylmethane, precursors of methylsulfonylmethane, S-adenosylmethionine, salts thereof, and mixtures thereof; and

b) a sweetening agent other than glucose, dextrose, sucrose, and fructose;

Other compositions of the present invention comprise a chondroprotective agent selected from collagen, cartilage, aminosugars, glycosaminoglycans, methylsulfonylmethane, precursors of methylsulfonylmethane, S-adenosylmethionine, and mixtures thereof, and have a low water content, as defined herein.